



### SWIMMING FUN

St. Kathrein beats all the records: Enjoy the largest water area and the longest slide of all thermal spas in Carinthia.



### MEDICINAL SPRINGS

Relaxation and relief for migraine, rheumatism, joint, or spinal issues.

### DELICACIES

Regional specialties: fresh Alpine-Adriatic cuisine, homemade cakes and snacks at the Badewandl Restaurant.



### PAMPER YOURSELF

Wellness for all the senses: Pamper yourself with cosmetic and foot care, as well as high-quality wellness products.



### ALL ROUNDER

520 m<sup>2</sup> for your health: Massages, therapies, and courses on nutrition and lifestyle at the NockMED Health Center.



### SAUNA EXPERIENCE

Enjoy the large sauna area with event sauna, bio-herbal sauna, steam sauna, and Finnish sauna.

### RELAXATION

The new relaxation and meditation area, designed with Stone pine wood, invites you to unwind. There is also an outdoor area with a view of the mountains.



### EVENT SAUNA

From now on, enjoy our special themed infusions in the newly designed event sauna!



# Site map



- 1 Entrance hall
- 2 Wellness pool 328 m<sup>2</sup>
- 3 Toilets / Showers / Changing rooms
- 4 Relaxation area
- 5 Whirlpool / Rondeau
- 6 Water slide
- 7 Adventure area
- 8 Adventure pool 169 m<sup>2</sup>
- 9 Children's pool 16 m<sup>2</sup>
- 10 Outdoor pool 78 m<sup>2</sup>
- 11 Outdoor pool 491 m<sup>2</sup>
- 12 Terrace
- 13 Sauna
- 14 Event sauna
- 15 Health centre
- 16 Stone pine relaxation room with terrace (on the upper floor)
- 17 Cosmetic
- 18 Toilets / Showers / Changing rooms / Group changing rooms
- 19 Sunbathing lawn
- 20 Regional lounge
- 21 Restaurant Badewandl
- 22 Relaxation room / Sauna



**THERME**  
**ST. KATHREIN**  
BAD KLEINKIRCHHEIM

## THE FAMILY AND HEALTH THERMAL SPA







# #Together

## Arrive & Unwind

After an active day in the Nock Mountains – whether skiing, hiking, or exploring the region – it's time to unwind at the St. Kathrein Thermal Spa. In our modern family and health spa, both body and mind will find the perfect break and relaxation.

## Enjoy together

Relax in the 34°C warm whirlpool, unwind in the wellness pool, or enjoy soothing warmth in our saunas.

Fun and excitement for the whole family with a variety of experiences. Whether you're seeking relaxation, therapeutic benefits, or adventure, our large spa area offers unforgettable moments and pure relaxation for everyone.

- 330 m<sup>2</sup>** WELLNESS POOL 34 °C
- 200 m<sup>2</sup>** ADVENTURE POOL 34 °C
- 570 m<sup>2</sup>** OUTDOOR POOL 26 °C - 34 °C
- 16 m<sup>2</sup>** CHILDREN'S POOL 34 °C

# #Swimmingfun

## Immerse yourself, dive deep, and resurface refreshed

Boasting the largest water area among all thermal spas in Carinthia, St. Kathrein Thermal Spa offers endless fun and relaxation, no matter the season.

## Fun in the water for everyone

The water paradise in the adventure area offers fun for everyone: While the little ones splash around in the children's pool, adults can relax or join in the fun with the older kids. From the adventure pool, you can directly access the outdoor area with around 600 m<sup>2</sup> of heated thermal water and the 86-meter-long Nock Mountains water slide.

Experience the soothing effects of our thermal healing water in the wellness pools and whirlpools – and relax on the sun terrace with a view of the Nock mountains.

St. Kathrein Thermal Spa offers a varied program for the whole family. **For more information visit our website: [www.therme-kathrein.at](http://www.therme-kathrein.at)**



# #Health

## Healing thermal water

Bad Kleinkirchheim has been a place of healing for centuries. The 34°C warm thermal water, which springs right behind the St. Kathrein Thermal Spa, was originally valued for its effects on eye diseases. Today, guests find relief from various ailments such as rheumatism, allergies, migraines, exhaustion, and sleep disorders in our soothing warm thermal pools.

## Soothing sauna area

Relax in our modern sauna area: From the event sauna over to the herbal sauna – enjoy a range of sauna experiences and take a well-deserved break in our cozy relaxation zones.



Our sauna masters offer professional infusions daily. You can find the current infusion schedule in the entrance area.

# #Homecoming

## Welcome to the Moment of Well-Being

The St. Kathrein Thermal Spa offers the perfect balance of nature, relaxation, and a welcoming atmosphere – a place where well-being is possible on every level.

## A place that engages all your senses

The St. Kathrein Thermal Spa is the perfect place to enjoy the nature of the Nock mountains and the relaxing atmosphere of the spa. Here, you'll find a wide range of offerings related to wellness, health, sports, cuisine, and culture.

Discover the best opportunities for relaxation and activity – all in one place.



STEAM SAUNA

BIO-HERBAL SAUNA

FINNISH SAUNA



## CONTACT

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## OPENING TIMES

**Thermal spa and sauna area**  
Monday - Sunday  
09 a.m. - 09 p.m.



**THERME ST. KATHREIN**  
BAD KLEINKIRCHHEIM